

Health Matters

This tension-filled, eye-opening drama about a group of teens who face a health crisis introduces the need to take care of oneself. The action shows the impact of lifestyle choices and the influence of roommates on health. This video helps demonstrate a peer model of an inner support structure and trust between friends.

Driving the instruction is the book, *The Teenage Human Body Operator's Manual*, with over 500 cartoon illustrations to convey down-to-earth quality information to teens about their personal health. Following a car manual theme, chapter titles include Parts and Features, Customized Bodies, Sex Brakes, and Passenger Safety. The book includes a self-administered 5,500-day habit tune-up and a strategy for changing habits emceed by an Elvis impersonator.

The curriculum, consisting of two 90 minute classes of instruction, includes class discussions and fun exercises on understanding and improving personal health habits.

Use For:

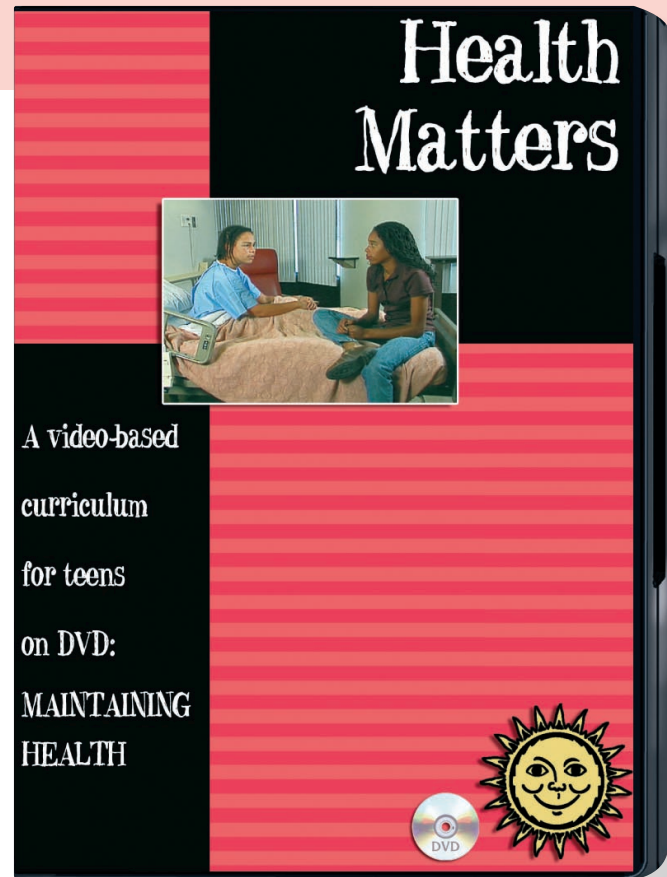
- School health programs
- Independent living programs
- Resource libraries
- At-risk youth programs
- Youth groups

Scenes from Health Matters:



Includes:

- DVD
- Leader's Guide
- 10 copies of *The Teenage Human Body Operator's Manual*



Product Details:

- Age Group: Teen
- Publisher: Northwest Media, Inc.
- Publishing Date: 1998
- Running Time: 30 minutes
- DVD ♦ #7304 - \$199.00
- 10 additional workbooks ♦ #703 - \$30.00
- Featured in the 7-Part Teaching Independent Living Curriculum ♦ #L924 - 1,080.00

For more information or to order these products:

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