

Options to Anger

19-part curriculum and DVD

This empowering state-of-the-art curriculum combines live, in-class meetings and virtual group meetings that help teens understand their cycle of anger and develop skills to make different behavior choices.

The virtual sessions are presented on DVD and include review exercises and a preview of what's in store for the next live session. Topics include the automatic anger cycle, invitations to anger, warning signs, anchoring, and negotiation.

Options to Anger has been developed from years of extensive application with youth in the juvenile justice system. Every single aspect of this program is geared toward promoting a positive sense of power for youth to act responsibly and with courage.

“Unbleeped” version has raw language, “Bleeped” version available.

Use For:

- Schools
- Independent living programs
- At-risk youth programs
- Juvenile justice programs

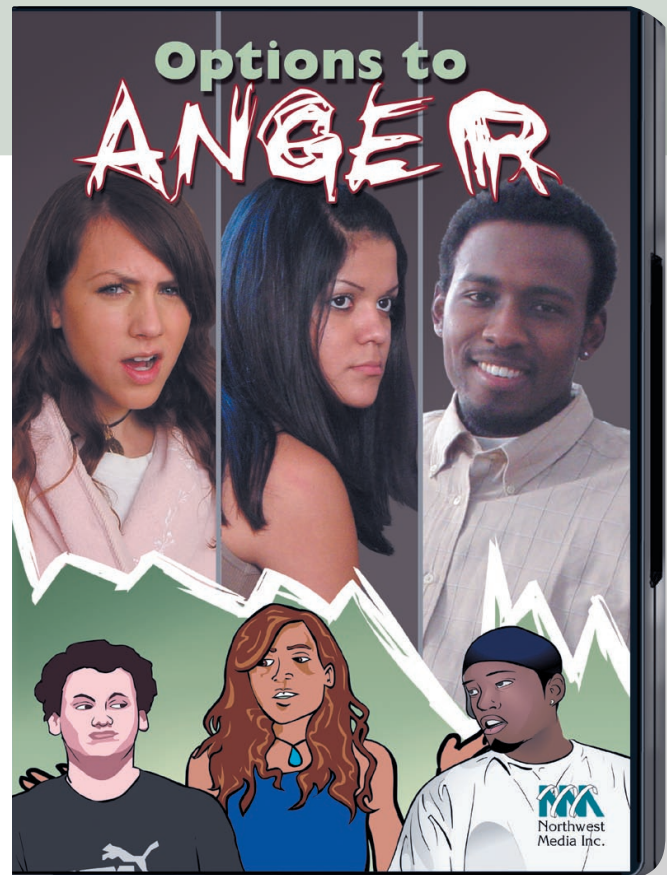
Scenes from Options to Anger:



Virtual sessions are presented on DVD so that students can preview the material for the following live session.



Youth in the DVD story describe experiences that illustrate various topics such as warning signs and anchoring.



Includes:

- DVD
- 112-page curriculum guide with reproducible masters

Product Details:

- Age Group: Teen
- Publisher: Northwest Media, Inc.
- Publishing Date: 2005
- DVD (unbleeped) ♦ #781 - \$495.00
- DVD (bleeped) ♦ #798 - \$495.00

For more information or to order these products:

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