

Positive Family Visits:

Guides for Birth Parents, Children and Foster Parents

By Wendy Wolff

This CD-Rom contains 4 printable booklets that provide evidence-based guidance for each member of the family visitation team – young children, older children, birth parents, and foster parents. Each booklet provides role-specific insight into the issues surrounding family visits – emotions, communication, preparation, connection, transition. They provide information, hands-on activities, spaces to write down thoughts and feelings, and ideas for how to cope with difficulties that arise at visiting time.

A Guide for Birth Parents

Simple worksheets and questionnaires help parents clarify goals and plan for successes for family time. 19 pages.

A Guide for Foster Parents

Sections on “Words that Heal” and setting boundaries provide language and tools foster parents can use to promote healing in children and encourage connection between children and parents. 24 pages.

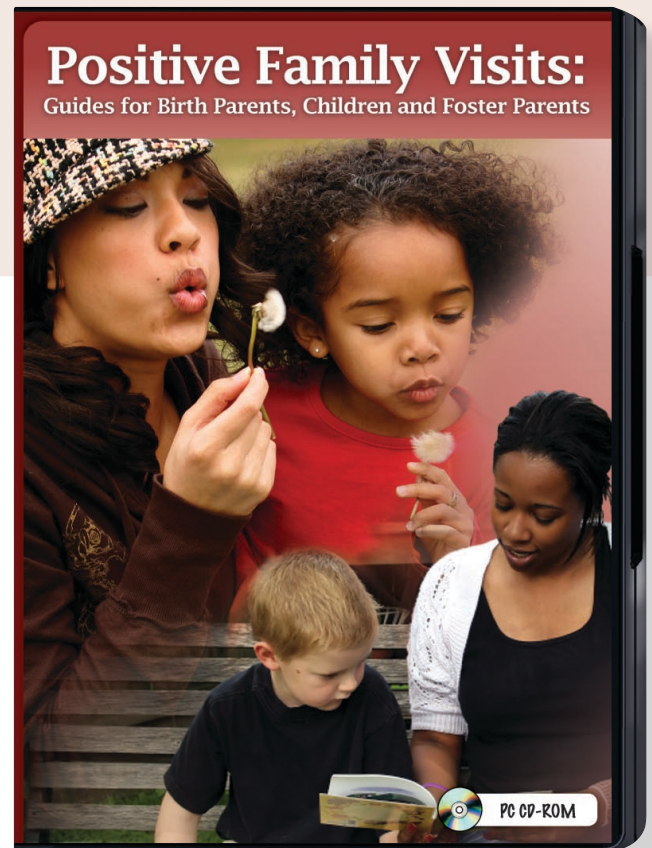
A Workbook for Young People in Foster Care

Through stories, cartoons, quizzes, worksheets, and games, kids learn to speak up for themselves in a positive way, and learn how to constructively handle sadness and disappointment. For ages 9-14. 67 pages.

Finding the Path to Better Family Visits

Ready Rabbit, Feelings Fox, and Back and Forth Beaver help their friend Milo Mouse understand his family visits better and teach him a few tricks for planning for, and feeling okay after, family time. For ages 4-8. 32 pages.

This project was developed under the name “FamilyConnect” by Family Alternatives of Minneapolis.



Use For:

- Foster, adoptive and kinship parents
- Foster children
- Group trainings
- Counselors

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