

# Teaching Moments

## How Foster Parents Can Teach Independent Living Skills To Teens

*Is there a life for teens after foster care? You bet there is!*

But the quality of that life is shaped by what they learn in the foster home. Here's an upbeat, easy-to-implement program aimed at foster parents that shows how to encourage self-reliance in teens. Parents will learn how to use everyday activities as springboards for teaching independent living skills. Watch how the "model, assist, practice" strategy can turn an activity like fixing a leaky faucet or doing the laundry into a "teaching moment."

Teaching Moments also includes a BONUS section on teaching teens cooking.

### Use For:

- Foster, adoptive and kinship parents
- Group trainings
- Birth parents

Scene from bonus section: *Teaching Teens Cooking*:



A natural showcase for putting a "teaching moment" to work in real life. This video shows parents how to include kids in the world of cooking, such as suggesting ideas for meals, following recipes, making a shopping list and going to the

grocery store. A fun way to engage the whole family in the heart of the home—the kitchen.



### Includes:

- DVD

### Product Details:

- Age Group: Teens
- Publisher: Northwest Media, Inc.
- Running Time: 28 minutes
- Publishing Date: 2006
- DVD ♦ #7316 - \$99.95

For more information or to order these products:

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